



PRINCIPAL'S REPORT

Last Friday, a team of 15 students competed at the OSSA Swimming Carnival against all of the other small schools from around the district. I would like to congratulate every swimmer on their effort and sportsmanship throughout the day. I was so proud of our students. Congratulations to Beau for taking out the Senior Boys Champion with many outstanding swims. I was particularly impressed with the determination and grit Leila M showed in the junior girl's relay. Our team was one student short and Leila swam two legs of the race! The team for the district carnival will be announced shortly. Our Community of Schools including Cumnock, Mullion Creek and Spring Hill will be hosting the ODPSSA Carnival on Friday 26 February.

Our new SRC members have been chosen for each class and we will be holding our annual Leadership Assembly on Wednesday 17 February. Parents of the students receiving a badge will be invited to the assembly:

K/1: Marlee & Brooklyn

1/2: Eddy & Leland

3/4: Patrick & Conner

5/6: Oliver F & Sam

Visible Learning and 'Butterfly Learners'

Visible Learning is all about children taking ownership of their learning. Visible Learning is the result of research undertaken by John Hattie to understand what provides the most success in learning. It is based on over 68000 studies and 25 million students. John Hattie defines Visible Learners as students who can:

- Articulate what they are learning
- Explain the next steps in their learning
- Set learning goals
- See errors as opportunities for further learning
- Know what to do when they are stuck
- Seek feedback

As a staff we have spent time actively discussing what the dispositions or learning focus areas are for students to be successful learners. We decided on the following:

Resilient, Reflective, Persistent and Engaged. These posters are displayed in every room and are referred to as "Butterfly Learning Posters". Many of our merit awards are based around these dispositions. Over the coming year we will again be discussing these learner traits with students and promote them through the newsletter as Learning Focus areas. Students also need to know what they are learning, and what is needed in the task to make them successful.

What's On?

Tuesday 09/02/2021

Transition to Kindergarten commences

Thursday 11/02/2021

Whole school swimming - collect students from pool

Thursday 11/02/2021

P&C AGM at school 6.30pm

Wednesday 17/02/2021

Leadership assembly 2.15pm

Friday 19/02/2021

Bush Poet visit Year 2 to 6

Friday 26/02/2021

ODPSSA Swimming Carnival

Tuesday 02/03/2021

K-2 Very Hungry Caterpillar

Friday 05/03/2021

Clean Up Australia Schools Day

Friday 19/03/2021

Bully No Way & Harmony Day

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Download the SchoolStream App

Search in the App store,

RESPECTFUL RESPONSIBLE ACHIEVERS

You may hear these known as:

Learning Intentions: what are we learning?

Success Criteria: what will this look like?

Feedback: How did I go and where to next?

We believe that our students can take on learning challenges by developing a **positive growth mindset** and the staff have high expectations for every student.



We are Butterfly Learners

Resilient

WE ARE BRAVE



I LIKE TO CHALLENGE MYSELF
I TRY TO STEP OUTSIDE MY COMFORT ZONE
I CAN BOUNCE BACK FROM BEING IN THE LEARNING PIT
I KNOW MISTAKES ARE OK AND A PART OF LEARNING
I CAN USE MY GROWTH MINDSET TO OVERCOME CHALLENGES
I DON'T GIVE UP AND TRY OTHER WAYS WHEN NEEDED



We are Butterfly Learners

Reflective

WE TAKE TIME TO THINK



I STAY CALM AND FOCUSED WHEN SOMETHING IS TRICKY
I AM NOT AFRAID OF DIFFICULT TASKS
I KNOW THAT WHEN SOMETHING IS DIFFICULT I AM LEARNING
I AM DETERMINED TO REACH MY LEARNING GOALS
I AM CAPABLE OF LEARNING NEW THINGS
"JUST KEEP SWIMMING" - DORY



We are Butterfly Learners

Engaged

WE ARE EXCITED ABOUT LEARNING



I CAN SET GOALS AND GROW AS A LEARNER
I VALUE THOUGHTFUL FEEDBACK
I CAN TALK ABOUT MY LEARNING AND WHERE I'M GOING NEXT
I CAN BE FLEXIBLE AND CHANGE MY APPROACH AS I GO
I ASK QUESTIONS
I LEARN FROM MY MISTAKES



We are Butterfly Learners

Persistent

WE TOUGH IT OUT



I MAKE GOOD CHOICES ABOUT MY LEARNING
I CAN MANAGE DISTRACTIONS AND STAY FOCUSED
I AM ORGANISED AND READY TO LEARN
I CAN WORK INDEPENDENTLY AND BE A TEAM PLAYER
I LIKE TO COLLABORATE
I CAN PUT IN MORE TIME AND EFFORT

P&C AGM

The P&C AGM for 2021 will be held at the school on Thursday 11 February 2021 starting at 6.30pm. All positions will be declared vacant. Please come along and support our dedicated P&C in 2021.

Clergate is a BeYou School



RESPECTFUL RESPONSIBLE ACHIEVERS

Merit Awards

K/1

Harper - finding her voice and sharing in circle time

Zaiden - excellent listening and following instructions

Joey - identifying quadrilateral shapes in maths

1/2

Michael - being kind, helpful, thoughtful and for producing high quality work

Samantha - impressive and detailed informative writing about dolphins

Cadence - wonderful skills and effort during fitness groups

3/4

Hayden - sharing his fantastic knowledge about space and the solar system in science

Solitaire - always participating in class discussions by asking thoughtful questions

Mikhaela - showing initiative and helping others within the classroom

4/5/6

Andrew - reliable, responsible leadership style

Ben - using vivid description when writing about his holiday

Taya - giving 100% in classwork

STUDENT OF THE WEEK

Our student of the week for Week 3 is Darren. He received his award for

- using a quieter and more respectful tone of voice when talking with staff and students
- completing tasks in a timely manner
- trying hard in all classroom tasks
- displaying a new and improved version 2.0
- being honest and respectful within the classroom and playground.

Well done Darren!



DON'T FORGET!

Permission notes for Term 1 Swimming were due back at school last Friday. We still have several students who haven't returned their permission note. Check your child's bag and if they have a note in it today please sign it and return to the office tomorrow.

RESPECTFUL RESPONSIBLE ACHIEVERS

IEP's, PLP's and 3-Way Meetings coming soon!

IEPs Individual Education Plans target each of our students K-6 and personalises their areas of strength, needs and adjustments required for learning.

PLPs Personalised Learning Pathways are for Aboriginal Students and personalise their, strengths, learning needs, cultural needs, educational aspirations and adjustments for learning.

Staff have been busily gathering assessment information and getting to know students as they settle into their new classes. In the coming weeks (Week 6) each teacher will meet with their students and parents to develop individualised and personal plans called IEPs or PLPs, which consists of setting goals for each student in Literacy, Numeracy and Wellbeing. Students in Years 2-6 will be taking part in PAT (Progressive Achievement Tests) on the laptops for Reading, Maths and Vocabulary in the next week to assist in setting these goals. Once teachers finalise the plans we will hold a 3-Way meeting to authentically develop and customise the plans further with parent and student input. Students with disabilities and specific needs will have their plans reviewed each term. All other students will meet again in the first weeks of Term 2 to review, adjust and revise the plans and goals.

Attendance/Absence Procedures

Please complete and submit the form available on Schoolstream if your child is absent from school or alternatively supply a written note to the office indicating the reason your child is absent. Verbal advice will no longer be accepted.

Bus Safety

Students are reminded of their responsibility to ensure they are following the bus safety rules:

- Wait for the bus in a safe space in the morning– no running around
- Present bus pass
- Enter and exit bus in a safe way
- Remain seated while bus is moving
- Speak quietly and respectfully to the person next to you
- Hands and feet to yourself

A student who does not follow these rules will be given a warning and their parent notified. We asked that parents reinforce the bus rules at home to ensure all Clergate students travel safely to and from school.

Road Safety

The Cabonne Council have just resurfaced the road at the front of the school and the lines are yet to be marked.

Please remember to keep our children safe by:

- Using the turning bay at the far end of the school
- Driving slowly during school hours
- Being mindful of local residents and looking in rear view mirror before completing a u-turn at the turning bay

RESPECTFUL RESPONSIBLE ACHIEVERS

Attendance is important!



EVERY DAY COUNTS....

A day here or there doesn't seem like much, but...

When your child misses just...	that equals...	which is...	and therefore, from Kindy to Year 12, that is...	This means that the best your child can achieve is...
1 day each fortnight	20 days per year	4 weeks per year	Nearly 1 ½ years of school	Equal to finishing Year 11
1 day a week	40 days per year	8 weeks per year	Over 2 ½ years of school	Equal to finishing Year 10
2 days a week	80 days per year	16 weeks per year	Over 5 years of learning	Equal to finishing Year 7
3 days a week	120 days per year	24 weeks per year	Nearly 8 years of learning	Equal to finishing Year 4

Give your child every chance to succeed...

Every day counts!





Media Release

For immediate release Thursday 4 February 2021

Get set for a year of healthy lunchboxes

Healthy Lunchbox Week kicks off from 7 – 13 Feb helping families around Australia get into the habit of preparing healthy lunchboxes.

School is back and so is the world of lunchbox mayhem. Nutrition Australia's Healthy Lunchbox Week campaign is here to help parents, carers and children set themselves up with healthy lunchbox habits for the year ahead.

"Eating well at school is not only crucial for learning but also contributes to children's physical and emotional wellbeing helping them get through their busy school day" Says Leanne Elliston, Dietitian and program manager of Nutrition Australia ACT. "Fuelling them with the right stuff gives them a head start for both learning and long-term health".

Around a third of children's daily food intake is consumed at school with most of this coming from the lunchbox. This year Nutrition Australia is calling for families to look for healthy lunchbox swaps in place of highly processed packaged foods. "It's easy to fall into the convenience trap when it comes to packing lunchboxes day in and day out" says Leanne who is also a mum of two school age teens "With some handy guides and trusty recipes by your side you can stay in control of keeping lunchboxes fresh and fantastic the whole year through".

Be sure to get on board with Nutrition Australia's top three tips for lunchboxes this year:

1. Smart swaps

Make the switch from highly processed, convenience foods to healthier alternatives. It can be as simple as swapping white bread for wholegrain, chips for popcorn or biscuits for a carrot. Buying less processed foods can save you money and reduces packaging.

2. Fuel their day

Kids who eat well are better fuelled to listen, learn and play. Including food from each of the five food groups will help children meet their nutritional needs and support their long-term health.

3. Safe and simple

Keeping food safe and fresh between the home kitchen and school playground can have its challenges, especially during a hot Aussie summer. Be sure to keep lunchboxes cool using insulated bags and cool packs. Try not to get too caught up in insta-worthy lunchboxes. Keep it simple with a healthy snack, a piece of fruit or vegetable and an easy lunch dish. Even leftover's can be hit.

Do you think you have Australia's healthiest lunchbox? Nutrition Australia have joined forces with Life Education in the search for Australia's healthiest lunchbox. Upload your photo on Life Education website and you'll be in the running to WIN one of three prize packs consisting of a \$250 Woolworths e-Gift card and a Healthy Harold lunch pack. Submissions close Thursday 11th February.

For more lunchbox inspiration, visit Nutrition Australia's Healthy Lunchbox Week website www.healthylunchboxweek.org

– ENDS –

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**About Healthy Lunchbox Week**

Healthy Lunchbox Week is an initiative of Nutrition Australia that aims to inspire Australian families to create healthy and enjoyable lunchboxes.

About Nutrition Australia

Nutrition Australia is a registered charity that aims to inspire and empower healthy eating for all Australians. Healthy Lunchbox Week is an initiative of Nutrition Australia providing support and inspiration for parents and carers to pack healthy lunchboxes for their children.

Packing a school lunchbox



When children eat well they behave better, are able to listen well and concentrate for longer.

Packing a healthy school lunchbox will help children to learn and play well and be happy at school.








Steps to planning a healthy lunchbox

1. Make time to prepare. Have fresh fruit and vegetables, milk and yogurt, bread and crackers all bought in advance.
2. Shop wisely and save money. Buy fresh fruit and vegetables in season to ensure good quality and value for money.
3. Make your own snacks. For example snack packs from fresh ingredients which you can buy in bulk.
4. Look after the environment. Put sandwiches and other items in reusable containers. This uses less packaging and creates less rubbish.
5. Choose a variety of foods from the 5 food groups (see table below).
6. Include a bottle of water. No need for sweetened drinks such as juice, cordial or soft drink as these contain too much sugar which is not good for teeth. Non-water drinkers usually start drinking water with the example of other children. Freeze a small quantity each night and top up with cold water in the morning for a cool summer drink.
7. Keep food cool. In warm weather freeze a water bottle or put a small ice pack in the lunchbox.

Remember to involve your children in preparing and packing their own lunchbox.

What makes a healthy lunchbox?

Food group	Nutrients	Examples
Grain foods 	Carbohydrate providing energy for brain and body. Choose wholegrain options for more fibre and longer lasting energy.	<ul style="list-style-type: none"> - All types of bread – whole meal, multigrain, white, pita or other flat breads, fruit loaf - Rice, pasta, crispbreads, rice crackers
Fruit 	Carbohydrate for long lasting energy, vitamins, minerals and fibre.	<ul style="list-style-type: none"> - Fresh whole fruits or cut up and placed in a container - Dried fruit mix, canned fruit
Vegetables 	Vitamins, minerals and fibre for healthy gut and strong immunity.	<ul style="list-style-type: none"> - Cherry tomatoes, capsicum strips, snow peas, small corn cob or baby corn spears - Carrot, celery and cucumber sticks - Salad vegetables or coleslaw in a sandwich
Milk, yoghurt & cheese 	Major source of calcium for strong bones and teeth.	<ul style="list-style-type: none"> - Milk poppers - Cheese slices, cubes or sticks - Tub of yogurt
Lean meats, fish, poultry, egg, nuts and legumes 	Protein, iron and zinc for growing bodies.	<ul style="list-style-type: none"> - Cold lean meats or chicken - Tinned fish such as salmon, tuna or sardines - Boiled eggs, baked beans, hommus